

CERTIFICATE IN ORGANIC SKINCARE FORMULATION.

HOW TO FORMULATE BLACK SOAP FROM THE SCRATCH.



African black soap has become a popular and traditional artifact created by using natural ingredients, and the demand for black soap is high.

The soap is popularly known as OSEDUDU in Yoruba land, and in GHANA, it is called ALATA SAMINA.

Africa black soap color ranges from light brown to deep black depending on the indigenous method of formulation.

Palm oil and Palm kernel oil, and commonly used as a base while the oil component is usually in the form of potash, derived from the ash of plantain skins and cocoa pods, shea tree bark, and by-products of shea-butter production.

When making African Black Soap, the Open fire method is necessary, and its quicker for saponifying compare to using a crockpot for cooking your soap.

The open fire method is commonly used among the Yoruba women both in Ghana and Nigeria.

HOW TO DETERMINE OILS FOR BLACK SOAP?

You choose your oils based on what you have around you.

There is no need to add a preservative to Africa black soap as it has a high ph. But the liquid version needs to be preserve because it has been diluted with water.

When you dilute your African black soap, the more water you add, the lower your pH; once the soap ph. is down, you need a preservative.

HOW TO MAKE AFRICAN BLACK SOAP.

INGREDIENTS REQUIRED.

Plantain bark ash-48.35g

Distilled Water -98.35g

Palm kernel oil -132g

Fragrance -0.2g

Total weight- 346.99g.

PROCESS.

1-Carefully pour the plantain ash into the water and stir gently
– (Leave it for three days to ferment).

2-When the plantain ash is fully dissolved, strain if you have any significant sediments at the bottom like stones.

3-Pour your ash solution into your oils and stir together on the heat.

4- Start cooking your black soap. As the soap boils, it goes through various stages.

STAGE 1- Foaming.

STAGE 2- Separating oils and water

STAGE 3-The liquid becomes dark

STAGE 4- Final cooking.

Once the soap cooks, it will remain liquid. Check this by scooping a small amount and drop in cold water once it is stable that indicates its ready for use.

NOTE –No video for this procedure. We advise you to use an open roof when making the black soap.

And use steel pot that can withstand hot temperatures.

Produce in small batches.

